

687 Our God, Our Help in Ages Past

(Psalm 90)

1 Our God, our help in a - ges past, our
 2 Be - neath the shad - ow of thy throne thy
 3 Be - fore the hills in or - der stood, or
 4 A thou - sand a - ges in thy sight are

hope for years to come, our shel - ter from the
 saints have dwelt se - cure; suf - fi - cient is thine
 earth re - ceived its frame, from ev - er - last - ing
 like an eve - ning gone, short as the watch that

storm - y blast, and our e - ter - nal home:
 arm a - lone, and our de - fense is sure.
 thou art God, to end - less years the same.
 ends the night be - fore the ris - ing sun.

5 Time, like an ever rolling stream,
 bears all our years away;
 they fly forgotten, as a dream
 dies at the opening day.

6 Our God, our help in ages past,
 our hope for years to come,
 be thou our guard while life shall last,
 and our eternal home.